Initial: 9/92

Reviewed/revised: 5/10/00

Revision: 2

MILWAUKEE COUNTY EMS PRACTICAL SKILL LOG ROLL TO LONG BOARD

Approved by: Ronald Pirrallo, MD, MHSA
Signature:
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PRONE PATIENT

PRONE PATIENT					
Purpose:			Indications:		
To provide rigid stabilization of the spinal column in a			Patients with a suspected potential for spinal cord		
patient with a suspected potential for spinal cord injury injury					
		Disadvantages:		Complications:	Contraindications:
Prevent further injury		Requires three knowledgeable rescuers Immobilizes patient supine leaving airway		None	None
		easily compromised if patient vomits			
		Straps may restrict respiratory effort			
		Maintain cervical stabil		1	1
EMT#1: maintain cervical stabilization and direct the team in patient movement					
<u> </u>					
Secure patient's lower extremities together					
Position long board parallel to patient so back of patient's head is next to board					
EMT #2 & #3: kneel on both knees on board, facing patient					
■ Ein #2 a #e. Riled on Board, rading patient					
EMT #2: raise patient's nearest arm over patient's head to prevent arm from obstructing roll (or place arm at patient's side with hand against thigh)					
FMT #0. Place and hand a real fault for the other later affect hand as his					
EMT #2: Place one hand on patient's farthest shoulder, other hand on hip					
EMT #3: place top hand around patient's hip, bottom hand at thigh region					
★					
On signal from EMT #1, EMT #2 & #3 roll patient toward them, while maintaining spinal alignment					
EMT #1: bring head into neutral position, achieving spinal alignment, as patient is rolled (If resistance to movement is felt, stabilize head in position found)					
If contaring is passageny, an simple from EMT #1, clids national					
If centering is necessary: on signal from EMT #1, slide patient with gentle, even motion while maintaining spinal alignment					
EMT #2 or 3: apply cervical collar					
► EMT #2 or 3: secure body to long board					
EMT #2 or 3: secure patient's head to long board					
EMT #1: release manual stabilization					
<u> </u>					

Reassess status of circulation, movement and sensation